

Hello Everyone,

I stand before you with profound gratitude in my heart. I want to express my heartfelt gratitude to everyone here for coming and spending time with me on my last day. It was so nice to see all of you and hang out in this social setting. Your presence today warms my soul, and I can't express how much it means to me. The memories we've created, the bonds we've forged, and the shared experiences at Rogue have been nothing short of extraordinary. Looking back on my time here, it's clear that you, the incredible people at Rogue, have made it truly special.

I've watched so many of you come to Rogue day in and day out, as you've dedicated yourselves to taking control of your health and battling Parkinson's. Your unwavering commitment has been a source of inspiration for me since my days as a student. It's what drove me each day on my commute to Rogue, and the reason I wanted to give it my all in every class. The relationships we've formed and the moments we've shared are treasures I will hold close. From the joy of brain games in Cardio class to the hearty laughs over my poor hula hoop skills, from the harmonious counts during PWR! Moves to the sweat-inducing sessions with my online crew, and the jubilant celebrations of your achievements – every one of these moments is etched in my heart.

But I'm also aware that Rogue's unique spirit comes from those who keep this place running. Rogue wouldn't be what it is without the exceptional individuals who make it come alive, and I'd like to take a moment to acknowledge and thank them.

Julia, Jamie, Alyx, and Madi– you have all contributed significantly to my personal and professional growth during my time here. I consider myself immensely fortunate to have collaborated with this dream team, dedicated to bringing out the best in Rogue members. Every minute of working with you has been a delight, and it's been an honor to be part of a team so dedicated, caring, compassionate, and committed to Rogue and its members. Our lunchtime conversations, our deeply engaged meetings, the laughter, the tears, and the sweat that united us will forever hold a special place in my heart. I feel blessed to have met each of you, and I offer my heartfelt appreciation for making my experience at Rogue so extraordinary.

Nancy, you, too, hold a special place in my Rogue journey. From my very first day as a student, you made Rogue feel like home. I remember vividly how you introduced me to the regulars before heading off to conquer PWR! Moves. You're like everyone's mom here at Rogue, radiating compassion and warmth that made it impossible for me not to feel at home. Thank you, Nancy, from the depths of my heart.

Lastly, Rogue owes its existence and success to our fearless leader. Claire, you were my clinical instructor when I joined Rogue as a student in the fall of 2021. I was in awe of what you'd accomplished with Rogue and the wealth of knowledge you would impart to me and our members. Your passion for working with individuals with Parkinson's, your unwavering commitment to their well-being, and your ability to truly listen and connect with people left a lasting impact on me. It was during my time as a student that I knew I wanted to work for you. Thank you for giving me the opportunity to be a part of Rogue and this incredible community. Thank you for your investment of time, energy, and effort, along with your mentorship and teachings, have shaped me into a better therapist. My heart overflows with appreciation for the remarkable person you are.

To Rogue, I owe an immeasurable debt of gratitude. You've transformed me, and I cherish everything you've done to shape me into who I am today. I love all of you deeply, and I eagerly look forward to crossing paths again to witness the wonderful accomplishments that undoubtedly lie ahead. Thank you, Rogue, from the bottom of my heart.